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## **GENDER SENSITIZATION POLICY**

**Approved in Governing Body meeting held on 5<sup>th</sup> January 2017**





## **GENDER SENSITIZATION POLICY**

The need of the hour is to bring the women into the mainstream for the development of the society as a whole. St. Pauls College of Pharmacy recognized the importance of women empowerment and established the Women Cell. The Women Empowerment Policy of St. Pauls College of Pharmacy has been drafted in view of the National Policy for the Empowerment of Women (2001). The policy of our institute aims in developing a sustainable and inclusive environment by empowering the women and girls so that they can contribute to the development of the community.

The Women Empowerment Policy of St. Pauls College of Pharmacy states:

- (1) Fostering gender equality in all aspects of college life and throughout the college community for which Equal Opportunity Centre has been established in the college.
- (2) Empowering women with skills and self-confidence necessary for the participation in the development process of the nation.
- (3) Maintaining a favorable and dignified atmosphere for women staff and girl students in the college by disallowing any act of harassment or exploitation. The Anti-Sexual harassment Cell of the college caters to it.
- (4) Developing and enhancing the leadership skills and organizational capabilities of female students and faculties.
- (5) Promoting gender balance in various decision-making capacities.
- (6) Building a conducive environment to ensure equal opportunities for women to take up leadership positions in both Academic and Administrative arenas.
- (7) Raising awareness towards women's role in socio-economic development of the society and country as a whole.
- (8) Creating awareness on women related issues through extension services.
- (9) Engaging various stakeholders from school, college, civil society organization, and women groups in gender mainstreaming activities.
- (10) Creating consciousness and motivation towards gender equality in different sections of the society by organizing seminar/ workshops and special lectures.
- (11) 25% of the seats to be reserved for girl students in the Student's Union.
- (12) Preference to women candidates during admission.
- (13) Providing counseling, guidance and life skill education to girl students.

### Gender Equity Activities for the A. Y. 2022-23

S. No.	Name	Date
1	Guest lecture on LEADERSHIP AND HEALTH INFORMATICS	25/04/2022
2	Road Safety Awareness Programme	18/06/2022
3	International Yoga Day	21/06/2022
4	Osmania University –Training and business Incubation Center to attain the knowledge and skills about Entrepreneurship	25/06/2022
5	“LEAN START –UP AND MINIMUM VIABLE PRODUCT/BUSINESS –DESIGN THINKING “	29th August, 2022.
6	<b>FINANCIAL AWARENESS</b>	13/10/2022
7	<b>“CAMPUS TO CORPORATE PROGRAM”</b>	29th October 2022
8	National Youth day	12th January, 2023
9	Virtual orientation Session on key initiatives of the Institutions Innovation Council, MIC	11th January 2023
10	<i>National Wear RedDay</i>	04-Feb-23
11	Interpersonal relationship skills	13.02.2023
12	“Embrace the Equity”	12 to 18 feb 2023
13	<b>MENTAL HEALTH WALK</b>	30th April 2023
14	<b>National Nutrition Week</b>	1st to 7th of May
15	<b>International Yoga Day</b>	21/07/2023

16	MENTORING SESSION ON GENERATING ENTREPRENEUR SKILL MIND SET IN WOMEN	22nd August 2023
17	TEACHERS DAY CELEBRATION	09-05-2023
18	Study Abroad Fair at Osmania University organised in association with Global Careers and Education Forum and Education Matters	23/11/2023

**Guest lecture on LEADERSHIP AND HEALTH INFORMATICS**

St Pauls College of Pharmacy has organized Guest lecture on LEADERSHIP AND HEALTH INFORMATICS in collaboration with AVENIDA on 25th April 2022, at 10.00 AM.

Staff members and Students of B Pharmacy and Pharm D have participated in the session. The event was conducted by Dr. ASHWANI DHAR, President and co-founder of AVENIDA and Dr. KARTHIK RAKAM, CEO, AVENIDA.



### Road Safety Awareness Programme

Road accidents are now a day's became one of prominent issue in society as mortality is increasing by these road accidents, students are the future generations to create society with road safety.

NSS – CELL and IPA-SF of St. Pauls College of Pharmacy has organized Road Safety Awareness Programme in collaboration with Mr.R.S. Joseph Inspector of Police, TTI, Rachakonda and team behalf of Traffic training Institute, Rachakonda Commissionerate on 18-06-2022.



## International Yoga Day

Yoga is the journey that takes you through yourself, to your true self, to your soul. Warm wishes on International Yoga Day. On the occasion of International Yoga Day celebrations St. Paul's is organising a yoga session by Isha foundation on 21st June 2022. College life is an important stepstone in the life of any student. The excitement to delve into the newer realms, the expectancy of what lies ahead, and the eagerness to make the most out of college life are rampant in every college student's mind.

Finding its roots in Ancient India, Yoga literally translates to 'Union'. Now that we know the expansive range of benefits that practicing Yoga routinely has, one can easily start with the basics.

Session was guided and collated by ISHA FOUNDATION with St Pauls College of Pharmacy on 21st June 2022, would prove beneficial for people to understand and practice the basics of Yoga and adopting it in their routine.



Osmania University –Training and business Incubation Center to attain the knowledge and skills about Entrepreneurship  
Osmania University –Training and business Incubation Center to attain the knowledge and skills about Entrepreneurship

In order to make the students achieve excellence in academic education and to access beyond classroom training on exploration of entrepreneurial opportunities in the market and start up strategies.

The **Institutional Innovation Council** (IIC) of St. Pauls College of Pharmacy had organized visit on 25th June 2022 to Osmania University –Training and business Incubation Center to attain the knowledge and skills about Entrepreneurship especially Idea generation.





**“LEAN START –UP AND MINIMUM VIABLE PRODUCT/BUSINESS –DESIGN THINKING “**

Greeting from **InstituteInnovationCouncil (IIC)**, St. Pauls College of Pharmacy!

One more quality initiative from our IIC i.e. **interactivesession** on “Lean Start –Up and Minimum Viable Product/Business –Design Thinking “ byDr. Susmitha Sundar, Head, Life sciences from Research and Innovation Circle of Hyderabad (RICH), Hyderabad S&T Cluster on 29th August, 2022. Both faculty and students (150) were participated. Session was very informative and enlightened the process of design thinking and its viability. Congratulations to IIC, Start-up team lead by Dr.M.Kiranmai and her team (Dr. Sneha Thakur, Mrs.P. Naga Haritha). Thanks to management, St.Pauls College of Pharmacy for their constant support and encouragement.



## FINANCIAL AWARENESS

St. Pauls College of Pharmacy in association with Bombay Stock Exchange (BSE) organized a guest lecture on “**FINANCIAL AWARENESS**” to know the importance of financial management for budding Pharmacists and Staff by Mr. B. Shivararjan Reddy, Soft Skill Trainer and Facilitator, Bombay Stock Exchange (BSE) on 13/10/2022 at 3.00pm.



### **CAMPUS TO CORPORATE PROGRAM**

St. Pauls College of Pharmacy has Organized “**CAMPUS TO CORPORATE PROGRAM**” in association with Avenida Academy for students of IV year B.Pharmacy, V and VI Pharm.D their Parents on 29th October 2022 at 10.30 am to 1:00 pm.

Introduction of a unique program for training, learning and upskilling students to give them the tool that makes them ready for Pharma industry in corporate sector is the core part of this program. We are proud to provide partnership with Avenida Academy within the campus for student's convenience. This finishing school concept may bring lot of benefits & upgrowth in Students Careers.





### Virtual orientation Session on key initiatives of the Institutions Innovation Council, MIC

St. Pauls IIC has attended virtual orientation Session on 11th January 2023, at 11.00 am. IIC 5.0 to know the key initiatives of the Institutions Innovation Council, MIC, and understood the features of IIC. 5.0. I IIC Council Members and Innovation Ambassadors along with other students and teaching/non-teaching members have participated.



## National Wear Red Day

around cardiovascular disease and prevention 🤝❤️

National Wear Red Day becomes an opportunity to educate women and spread awareness by wearing red to support the cause. Many studies reveal that 3 in 5 women in India are at high risk of cardiovascular disease as early as 35 years of age. With data showing such alarming results, it is important to take the necessary preventive measure and raise awareness.

Follow the listed measures to prevent heart diseases:

- Get your cholesterol and blood pressure checked frequently
- Manage your stress
- Get regular health screenings
- Stop smoking
- Exercise to prevent heart disease
- Balance your diet



*An effort to show our support against killer in women i.e  
Heart Disease and our care towards little Hearts....*

### Interpersonal relationship skills

St. Pauls College of Pharmacy has organized A one day Program on Interpersonal relationship skills in association with Telangana academy skills (TASK) on 13.02.2023 from 10.00am to 3.30pm. The session was started by Mr. Mark Louis Horne, Soft skill trainer, TASK by assigning tasks to the students. B. Pharmacy III year, Pharm. D III and IV year students and faculty members have actively attended the session. Special thanks to the faculty coordinator Dr. P. Sunil Kumar Chaitanya, TPO St. Pauls and all student Coordinators who made the program successful.



### **“Embrace the Equity”**

Women feel much greater when lead by right men

On the Occasion of international Women’s day, St. Pauls College of Pharmacy has proved it to be right.

All the lady staff right from the Professors to the blue colored staff were highly honored on this special day of them. The celebration was vibrant with added knowledge by Dr. Vandana B. Patravale who inspired the staff and the students with the motivational words on the topic “Embrace the Equity”. She added the importance of balancing Professional and Personal life, and the importance of being available to the people in need. She encouraged the women staff to be stronger and planned. The session was highlighted with the questionnaire part, where each staff questions are answered. Many inspirational and motivational speeches were given by the women staff. A sumptuous lunch was arranged for the staff by the management to mark the special day. All the lady staff were made much happier with the beautiful gifts by the students, staff and the management. A special appreciation should be given to the Male Staff , NSS St.Pauls and IPASF student chapter who have initiated the celebrations and made it grand to empower the women. They have not only made sure to honor each women of the St. Pauls family but have also encouraged the boy students to do so, in order to inculcate the most needed character, which is respecting women. A special thanks to be given to the Principal Dr. Kiranmayi Mandava who always makes the events most meaningful with her extraordinary thoughts and ideas. The women staff of St. Pauls College of Pharmacy happily extended their gratitude towards the management for making the day happy so special for all.









### MENTAL HEALTH WALK

Mental health is just as important as physical health. Mental health comprises our emotional, psychological and social well being. It affects how we feel, think and act. It also is a determinant of how we handle stress. As a part of bringing awareness on importance of mental health, our Students of NSS unit

St. Pauls have participated in **MENTAL HEALTH WALK** on 30th April 2023, at Durgamcheruvu park .Organized by Dr.C. Veerender. To make it understanding that mental health is crucial at every stage of life. It depends upon our genetic makeup and upbringing, Our life circumstances and the stresses we encounter in our life. Having peace mind is having a peaceful life.



**"The doctors of the future will no longer treat the human frame with drugs, but rather will cure and prevent disease with nutrition."**

Nutrition is about survival, health, and development for present and future generations.

As said by Thomas Edison "The doctors of the future will no longer treat the human frame with drugs, but rather will cure and prevent disease with nutrition."

On the occasion of National Nutrition Week (1st to 7th of May) Let us draw attention of the youth and those busy with their hectic lifestyles towards eating right and staying fit, to lead a more satisfying life with increased productivity.

On this special event we the NSS Unit St. Pauls conducted a competition for all students and faculty with theme "Food without flame which should be nutritious " many students and faculty have participated actively in the competition.

Sincere thanks to [#Dr. M. Kiranmai](#), Principal, St. Pauls college of Pharmacy and [#Dr. somnathDe](#), program officer, NSS Unit-St Pauls

All the NSS volunteers who rendered their support to make it successful!!

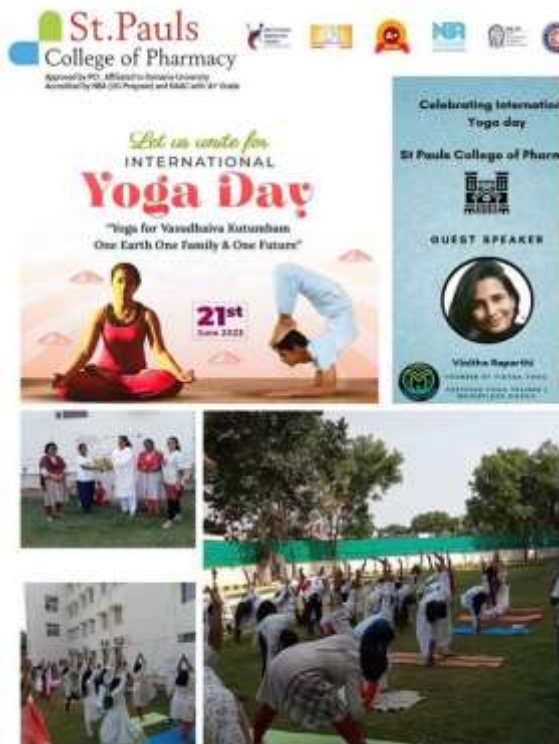
Let us bring the awareness of nutritious food intake to live healthy and happy.



## International Yoga Day

Embrace the power of **InternationalYogaDay** 🧘 to create a harmonious union of body, mind, and spirit. Celebrate this day by immersing yourself in the practice of yoga and experience the profound benefits it offers. On the occasion of **International Yoga Day** 🧘, founder of vikasa yoga Ms. Vinitha Rapatri have joined today's event of international yoga day at **ST. PAULS COLLEGE OF PHARMACY**, she started with a warm up session followed by asana practice and ended with a beautiful smile on our face with meditation. We the students and faculty of St. Pauls College of Pharmacy were motivated with her wonderful speech which made us to look after ourself in daily busy life to lead a healthy and peaceful lifestyle. Yoga is such a powerful medicine to cure any diseases if done consistently.

Thanks to Faculty coordinators: Mrs.NavyaPravala, Mrs.Naga Haritha, Nikitha Gupta.  
Thanks to our Principal and Professor Kiranmai Mandava  
Special Thanks to our Management for continuous support throughout our decisions and acts.



### MENTORING SESSION ON GENERATING ENTREPRENEUR SKILL MIND SET IN WOMEN

St. Pauls College of Pharmacy has Organised a session on development of Entrepreneur Skill mind in women, Session was enlightened by Dr. Sneha Thakur Innovation Ambassador, IIC Incharge on 22nd August 2023 at 12.00pm on Tuesday. Around 100 members from faculty and students have participated in the session.

Key headlights of the session

> Encouraging Social change

> Critical and creative thinking skills are most essential for entrepreneur to build and expand their business

> Strategic thinking and planning Stills allow entrepreneurs to analyse info, adapt, manage projects, solve problem and make informed decisions.

> Branding. Marketing and Networking builds relationships and allow individuals to connect with partner, suppliers & colleagues

> Team works and leadership still are lightly critical entrepreneurship skills that faster the Collaborating organizational Culture

> Entrepreneurship involves risks, hard work, long hour. and even work without benefit such as stability, Salary and health assurance

> Improving the quality of life with new ideas and building functional product on services, Diving markets economic growth and opening new and industries.

Special Thank to our Principal, IIC President, Dr. Kiranmai Mandava, and Our Chairman Sri. K. Sudhir Garu for their continuous support & encouragement.



## TEACHERS DAY CELEBRATION

There is no gift greater than Knowledge and no giver greater than a Guru 🙏

Teacher's Day is the most crucial occasion in every student's life. We the team IPA-SF St Pauls Chapter and NSS St Pauls Unit gathered to honour and acknowledge our teacher's hard work and dedication, who have played a vital role in shaping our minds and futures.

Teacher's day is celebrated on 5th September to commemorate the birthday of Dr. Sarvepalli Radhakrishnan, the country's first Vice President, Scholar, Philosopher, and Bharat Ratna awardee, was born on this day in 1888.

On this occasion we all Faculty and students had a Video Shooting completion on the Theme: My Teacher My Inspiration. Later our beloved faculty shared their experiences with the co-mentors and expressed their feelings how they are inspired by them followed by Dare performances and Dance Performance by B Pharm I year students.

We the students presented our gratitude to all the mentors by the Token of gratitude. Finally there was a Cake Joining Programme by our faculty member. Finally, from bottom of our hearts, on this special day we are Grateful and Thankful to all the Teachers who brought light in our lives 🌸.





**Study Abroad Fair at Osmania University organised in association with Global Careers and Education Forum and Education Matters**

B. Pharmacy and Pharm D Final year students of St Pauls College of Pharmacy had attended A Study Abroad Fair at Osmania University organised in association with Global Careers and Education Forum and Education Matters on 23/11/2023.

A total of 51 students had attended the fair and procured the information from various universities available in the fair. Students got to know about the fee, funding opportunities, eligibility criteria, duration of the course, various courses available and many more. Students expressed their gratitude to the honourable Chairman and Correspondent Sri K Sudhir Garu and Principal Prof Kiranmai Mandava for providing them the opportunity of attending such events and making their process of getting into foreign universities easy. Thanks to the faculty coordinator Mrs P Naga Haritha for coordinating and accompanying the students to the fair.

