



ST. PAULS PULSE

A Quarterly Newsletter

PUBLISHER

 **St. Pauls**
College of Pharmacy

(Approved by AICTE, PCI and Affiliated to Osmania University)

Turkayamjal(V), Abdullapurmet(M), R.R. Dist

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ST. PAULS PULSE

- An SPLP Belonging

ABOUT THE INSTITUTE

St. Pauls College of Pharmacy was established in 2007, approved by All India Council for Technical Education (AICTE), Pharmacy Council of India (PCI), New Delhi and affiliated to Osmania University, Hyderabad. The college is situated in a serene and beautiful campus which is conducive for imparting quality education, helpful for the growth of knowledge and career building. The College has provided excellent credentials in the field of Pharmacy Education with a clear focus on the peaceful learning environment and sophisticated infrastructure.



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Mr. T. Raghava Reddy

Secretary

CO-PATRON

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Principal & Professor, St. Pauls College of Pharmacy

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N. Venkata Bharghavi, B.Pharmacy 3rd Year



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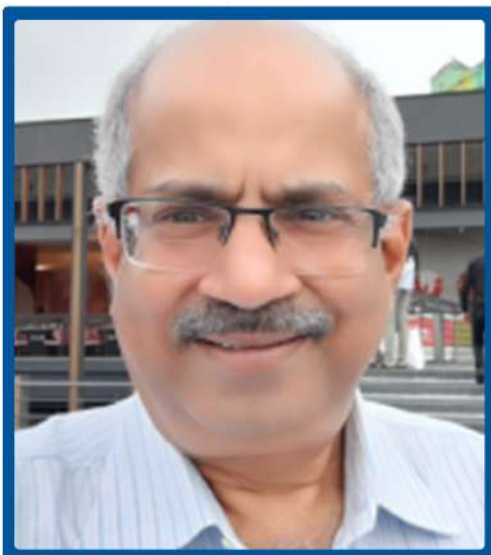
National Director, Research at World Youth Heart Federation (WYHF)
Co-founder & CEO, CliMed Research Solutions

Dr. Karthik Rakam

PharmD, President Pharmacon Society, Medical Advisor, HealthCloudAI



MESSAGE FROM EMINENT PERSONALITY



Rao V. S. V. Vadlamudi, PhD,

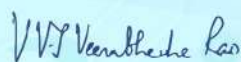
President, Commonwealth Pharmacists Association (CPA)

It gives me great pleasure to note that the first edition of 'St. Pauls Pulse', the e-newsletter of St. Pauls College of Pharmacy, Turkayamjal, Abdullapurmet Mandal, R. R. District is about to be released for the academic year 2020-21. This e-newsletter serves as a mouthpiece of the institute and publishes information about the institute, its accomplishments and the scholarly outcomes of the faculty and the students of the institute. This is a highly commendable initiative to spread the awareness of the institute and its laurels to the community that it is set up to serve.

In addition to the news and information of the institute, this e-newsletter also provides a platform to the faculty and the students to contribute information about medicines, the pharmacy profession as well as extracurricular activities aimed at developing soft and life skills of students, which would eventually help them to become better professionals.

I congratulate the Editorial Board of St. Pauls Pulse for conceiving and developing a highly useful and attractive e-newsletter for the benefit of not only the faculty and the students of this college but also to all those who are on the list of recipients. I would also urge the editorial board to encourage students to collect and publish authentic information about the COVID-19 pandemic, its spread across the globe, the variants that are responsible for the second and subsequent waves, the gold standards of treatment of mild to moderate to severe COVID symptoms, information about COVID vaccines, importance of getting vaccinated and following all safety measures and so on. It is necessary to educate the community around us about the facts of the pandemic to help them face it better.

I wish all the best to the e-newsletter, the team behind the newsletter, the contributors and the college management. Please stay safe and stay well.



Rao V. S. V. Vadlamudi, Ph. D.

June 04, 2021

MESSAGE FROM PRINCIPAL



Dr. Bonagiri Chandra Shekar

M. PHARMACY, PhD, MBA, Principal & Professor

It gives me immense pleasure to introduce the first edition of the e-newsletter "St. Pauls Pulse" for the academic year 2020-2021. It is my belief that Productivity is never an accident. It is always the result of a commitment to excellence, the intelligent planning, and focused effort. Our college is constantly harnessing in improving the skills of students with industry institute collaborations which are strengthened through exquisite seminars and prime guest lectures.

The current newsletter highlights the various activities that took place in the last three months (Jan 2021 to March 2021). The intention of our Newsletter is to disseminate information about our institute and we hope that readers find it informative and useful.

My heartfelt congratulations to the members of the editorial board, faculty members and especially to the vibrant students who are striving a lot for the release of the maiden issue of our Newsletter. We are thankful to the faculty and the staff of SPLP for their valuable inputs.

We encourage and support all the suggestions and feedback that will surely strengthen the further issues of our newsletter.

I am indeed highly thankful to the esteemed management for their continuous support in bringing out innovative ideas. Further endeavor of this Newsletter is to acquaint its readers with good knowledge from SPLP.



Dr. Bonagiri Chandra Shekar
June 04, 2021

MESSAGE FROM EDITOR



Dr. M. Kiranmai

M. PHARMACY, PhD, DIM, Vice-Principal & Professor

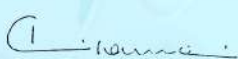
Dear Readers,

With immense pleasure, I am presenting you all "ST. PAULS PULSE" a maiden newsletter from St. Pauls College of Pharmacy. ST. PAULS PULSE has been initiated to explore the pulse of an academic pharmacist and to provide an escalating platform for young budding pharmacists and pharmacy faculty to showcase their talents, views and reviews. The noble aim of this newsletter is to publish the activities and events organized by our institute, achievements of students and faculty, and contributions from St. Paul's IPASF Chapter. We, the team of SPLP, always believe in "Positive actions combined with the positive thinking result

in success" and, we need blessings from all of you to accomplish our goal and for a fruitful journey in this path. At this milestone, I want to convey my sincere thanks to Dr. B. Suresh, visionary and dynamic president, PCI; Dr. TV Narayana ever motivating president, IPA; Dr. M Venkat Reddy, Chairman, Law Committee, PCI; Dr. Rao Vadlamudi, President Commonwealth Pharmacist Association; Mrs Pragna Ella, young and dependable Chairperson, IPASF for their professional support and encouragement. My heartfelt gratitude to Sri K Sudhir, Chairman & Correspondent, St. Pauls College of Pharmacy and Sri T Raghava Reddy, Secretary, St. Pauls College of Pharmacy for their vision and endorsement. I extend my thanks to Dr B Chandra Sekhar, Principal, St. Pauls College of Pharmacy for his immense support.

Since one and half years, the entire world has been suffering from COVID-19 pandemic and, I salute all the respected pharmacy professionals, including hospital pharmacists, dispensing pharmacists, industry personnel's, administrators, faculty and students who have been serving the nation in their own way along with other front-line warriors. Faculty and students of our institute have marched towards the philanthropic approach in giving public awareness on various aspects of the pandemic, including vaccination. St. Pauls has always been on the front-line for communal service with the help of webinar series (eight in a series completed successfully), Panacea inquisitive and various other programs are aimed at inculcating the seeds of knowledge and awareness into the minds of pharmacy professionals and the public.

ST. PAULS PULSE, a daughter of my mind (MANASAPUTRIKA), wishes a speedy recovery to all of us from the panic and pandemic effects of COVID-19.



Dr. M. Kiranmai

June 04, 2021

VISION AND MISSION OF THE INSTITUTION

VISION

To be the most reliable source for education, teaching, research in pharmaceutical and allied sciences to serve the needs of the healthcare system.

MISSION

M1 – To strive towards academic excellence and training in pharmaceutical sciences for student centric outcomes by providing overall development to pharmacy aspirants.

M2 – To produce qualified and competent pharmacists from all corners of the society with the help of qualified and experienced faculty.

M3 – To align with time to meet the demands of the healthcare system.

QUALITY POLICY

Nurturing the students with quality education and overall development in pharmacy and allied fields through dedicated faculty & state-of-art infrastructure.



BEYOND CLASSROOM

PANACEA INQUISITIVE

Improper drug knowledge is one of the main reasons for adverse events, increased hospitalizations, and even deaths these days. So, We IPASF St. Pauls student chapter have initiated to provide original drug information from the trusted sources under the name PANACEA INQUISITIVE where panacea means drugs and inquisitive is the curiosity to learn about new things.

DRUG INFORMATION

Drug information is delivered in three different categories that is general drugs, newly approved drugs and banned drugs on every Monday, Wednesday and Friday respectively. Information about the category, mechanism of action, dosage, adverse effects, contraindications, the reason for the ban, date and year of approval is provided. This was initiated on 19th August 2020 and continued till 6th January 2021. During this period information about 20 drugs is given in all the three categories defined above.



DRUG INTERACTIONS

Consumption of some drugs, foods, beverages and few specific conditions may alter the effects of the currently prescribed drugs. Interactions of the drugs with other drugs, food, lab investigations, and specialized conditions along with their management is provided since 20th January and are continued till date. Drug interactions are generally categorized into Drug-Drug Interactions, Drug-Food Interactions, and Drug-Special Category Interactions and are published on every Tuesday, Thursday and Saturday respectively.

ASPIRIN

INTERACTION WITH :

Antithrombotic, Anisindione, tricyclic antidepressants, SSRI, dicumarol, duloxetine, piracetam, warfarin, tirofiban.

INTERACTION EFFECT :

May increase risk of bleeding

MANAGEMENT :

Consider the benefits and risks.

Monitor the signs and symptoms of bleeding.



DRUG – FOOD INTERACTIONS



ASPIRIN

ASPIRIN

INTERACTION WITH :
Acetaminophen measurement

INTERACTION EFFECT :
Falsely increase in acetaminophen levels due to acetaminophen interference

MANAGEMENT :
HPLC or EMIT should be employed to determine Acetaminophen levels



WEBINARS

WORLD CANCER DAY – 4th February

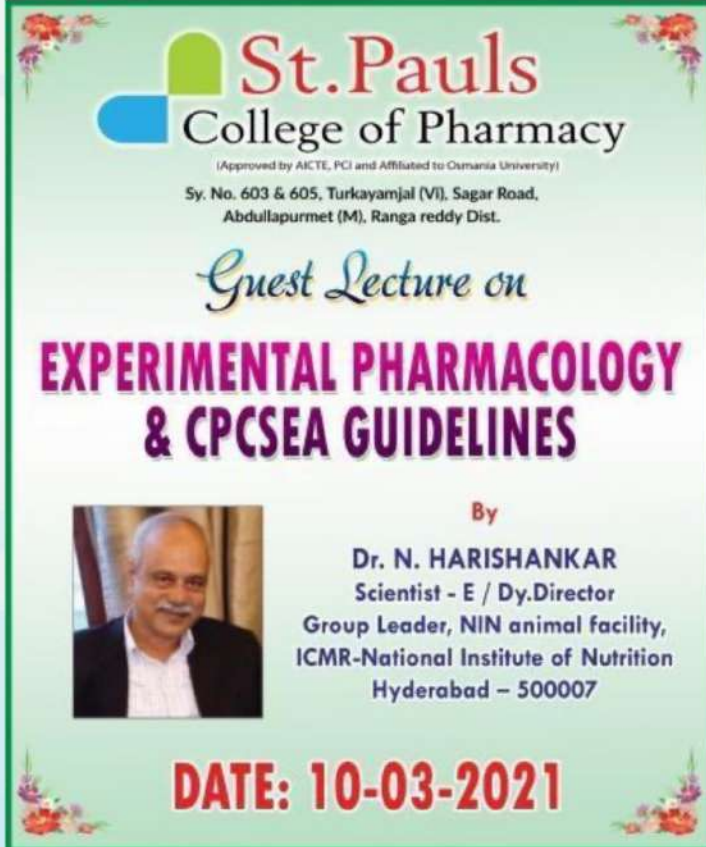
IPA-SF St. Pauls Chapter has organized webinar 7 on the eve of WORLD CANCER DAY with the theme “I AM AND I WILL- TOGETHER ALL OF OUR ACTIONS MATTER” under the guidance of Dr. Kiranmai Mandava. Speaker of the Webinar, Secunderabad. She has elaborated the deep insights of cancer, its preventive measures and cleared the queries raised by participants effectively. It was an online cum offline event conducted in the premises of the college. Remarkable response from the registered participants was found.




GUEST LECTURES

St. Pauls College of Pharmacy has organized a guest lecture in College premises on 10th March 2021 with the topic “**Experimental Pharmacology and CPCSEA Guidelines addressed**” by Dr. N. Harishankar, Scientist - E / Deputy Director, Group leader, NIN Animal facility, ICMR - National Institute of Nutrition, Hyderabad.

The topics discussed in the lecture are experimental procedures and types of animals used in conducting clinical trials. Dr. N. Harishankar has also emphasized workshops and training conducted on the given topic National Institute of Nutrition – ICMR, Hyderabad, Telangana.




 **St. Pauls**
College of Pharmacy
(Approved by AICTE, PCI and Affiliated to Osmania University)
Sy. No. 603 & 605, Turkayamjal (VI), Sagar Road,
Abdullapurmet (M), Ranga reddy Dist.

Guest Lecture on

**EXPERIMENTAL PHARMACOLOGY
& CPCSEA GUIDELINES**

By

Dr. N. HARISHANKAR
Scientist - E / Dy. Director
Group Leader, NIN animal facility,
ICMR-National Institute of Nutrition
Hyderabad – 500007



DATE: 10-03-2021

EVENTS

NATIONAL YOUTH DAY – 12th January

St. Pauls College of Pharmacy have celebrated National Youth Day 2021 in remembrance of Sri Swami Vivekananda and conducted an elocution competition with the theme “Channelizing Youth Power for Nation Building” where students from all the classes were actively participated and put forward their views on nation-building.



PHARMAFIESTA – 20th February

IPASF St. Pauls Chapter was established on 19th February 2020 on the occasion of Pharmavridhhi 2k20 by Mrs. Pragna Ella, Chairperson, IPASF. On 20th February 2021, Chapter has celebrated IPA-SF one-year anniversary celebrations with the title “Pharma Fiesta 2k21” in College Premises under the guidance of Dr. B Chandra Shekar, Principal, St. Pauls College of Pharmacy, Senior Mentor IPA-SF Dr. M. Kiranmai, St. Paul’s College of Pharmacy and other mentors Dr.K.Venkateshwarlu & Mrs.P.Naga Haritha. The program was virtually graced by Dr. T.V. Narayana, President, IPA; Dr. K. Ramdas, President, Telangana Private Pharmacy Colleges Association & Mrs. Pragna Ella, Chairperson, IPA-SF.

To celebrate this success and to make it as a memorable one, competitions like Debate, Poem writing, Slogan Writing & Infographic Poster Designing events were conducted. The enthusiastic students of St. Pauls have actively participated in competitions organized by IPASF St. Pauls with the help of the faculty coordinators.

On the day of annual celebrations, the winners were awarded with Memento’s and Certificates and the end cultural program was organized and IPASF glimpses were presented by G. Sainath of Pharm D III year.



DEBATE

EVALUATORS: Dr.K.VENKATESHWARLU

1st PRIZE



V. MOUNIKA
PHARM D I YEAR

2nd PRIZE



NAJIHA A.R OF
PHARM D IV
YEAR

3rd PRIZE



ABBASS
PHARM D IV YEAR



POEM WRITING

EVALUATORS: Dr. SEEMA TABASSUM & Dr. SUHERA SAHI

1st PRIZE



M. SATYAVANI
PHARM D I YEAR

2nd PRIZE



VARSHASAHU
B PHARM II YEAR

3rd PRIZE



T. SRILEKHA
PHARM D IV YEAR



INFOGRAPHIC POSTERS

EVALUATORS: Dr.K.VENU MADHAV

1st PRIZE



K. NIKITHA
B. PHARM III YEAR

2nd PRIZE

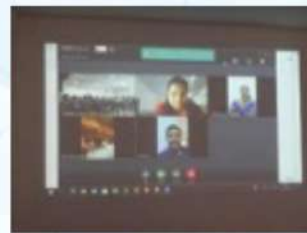


SARAFATIMA
BPHARM III YEAR

3rd PRIZE



V. MOUNIKA
PHARM D I YEAR



SLOGAN WRITING

EVALUATORS: Dr.K.VENU MADHAV



SALEHABEGUM
PHARM D IV YEAR (PB)



P. SOUJANYA OF
B. PHARM II YEAR



ELOCUTION COMPETITION

“CHOOSE TO CHALLENGE”

1st PRIZE

SOWMYA
(PHARM D IV YEAR)

2nd PRIZE

SAINATH CHARY
(PHARM D III YEAR)

3rd PRIZE

M. VINEELA
(PHARM D I YEAR)

INTERNATIONAL WOMENS DAY - 3rd March

St. Pauls college of Pharmacy has celebrated International Women's Day 2021 in association with NSS Club St.Pauls and IPASF St.Pauls Chapter for social, economic, cultural and political achievements of women with the theme “CHOOSE TO CHALLENGE” in the premises of college. Various competitions such as elocution, photography, painting and singing were conducted to encourage students and enhance their skills.

PHOTOGRAPHY COMPETITION

“MOTHERHOOD”

1st PRIZE

MANISHA
(PHARM D II YEAR)

2nd PRIZE

MD. RIZWAN
(PHARM. D IV YR)

3rd PRIZE

K. RAMYA
(PHARM D II YEAR)

SINGING COMPETITION

1st PRIZE

ANUSHA
(B PHARM I YEAR)

2nd PRIZE

SOWMYA
(PHARM D IVYEAR)

PAINTING COMPETITION

“MOTHERHOOD AND NATURE”

1st PRIZE

RACHANA
(B PHARM I YEAR)

2nd PRIZE

A. MANASA
(PHARM D IV YEAR)

3rd PRIZE

SABAH
(PHARM D IV YEAR)

1st PRIZE

ANUSHA
(B PHARM I YEAR)

2nd PRIZE

WASIL AHMED
(PHARM D III YEAR)

CLUB ACTIVITIES

St. Pauls College of Pharmacy also organizes various club activities for students so that they don't only excel in studies but also go in neck to neck with co-curricular activities and enhance their hidden talents.

PAINTING - 3rd January

Painting competition was organized by Painting Club, St. Pauls College of Pharmacy with the topic "How to overcome COVID-19 Pandemic" under the guidance of Dr. Suhera Sahi. Among 16 participants Rachana of B Pharmacy I year stood in First place followed by Umama Tabassum and Khatija Sultana from B Pharmacy I year as runner ups.

DEBATE – 19th February

Debate competition was organized by Debate Club, St. Pauls College of Pharmacy in association with IPASF St. Pauls under the guidance of faculty coordinator Dr. K. Venkateshwarlu, student coordinators D. Sowjanya (Pharm D - III year) and V. Nimisha (B Pharmacy - II year) in which V. Mounika of Pharm D I year have bagged the First prize followed by Najiha. A. R. of Pharm D IV year and Abbas of Pharm D IV year in Second and consolidation positions respectively.

PHOTOGRAPHY – 6th March

Photography competition was conducted by Photography Club, St. Pauls College of Pharmacy on the eve of International Women's Day 2021 with the topic "**MOTHERHOOD and SEASONS**" under the guidance of where the winners of Motherhood Photography were Manisha of Pharm D II year at First place, K. Ramya of Pharm D II year and in the category of Seasons Photography Zakir of Pharm D IV year bagged the First prize followed by Rizwan of Pharm D IV year in second position.

POEM WRITING – 19th February

Poem writing competition was conducted with the topics **COLLEGE LIFE, NATURE, COLLEGE LIFE and ARMY** by Poem Writing Club, St. Pauls College of Pharmacy in association with IPASF St. Pauls under the guidance of faculty coordinators Dr. Seema Tabassum and Dr. Suhera Sahi, Student coordinators N. Venkata Bhargavi and P. Sanjana from B Pharmacy - III year where in the topics of competition were College life, Nature, Army in which M. Satyavani of Pharm D - I year won the First prize followed by Varsha Sahu B Pharmacy - II year and Sara Fatima of B Pharmacy - III year at Second and consolidation positions.

PAINTING – 6th March

Painting competition was organized on the eve of International Women's Day 2021 by Painting Club, St. Pauls College of Pharmacy under the guidance of with the topic "MOTHERHOOD AND NATURE". From a total of 16 participants, the winners for MOTHERHOOD were Rachana (B Pharmacy I year) at First position, Second and Third position were bagged by A. Manasa (Pharm D IV year), Sabah (Pharm D IV year) and for the topic NATURE, Anusha (B Pharmacy I year) won First prize and Wasi Ahmed (Pharm D III year) won Second prize.

MOTHERHOOD PHOTOGRAPHY



Rich or poor mother love is same .it is unconditional

K. Ramya
Pharm D 2nd Year



B. Manisha
Pharm D 2nd Year

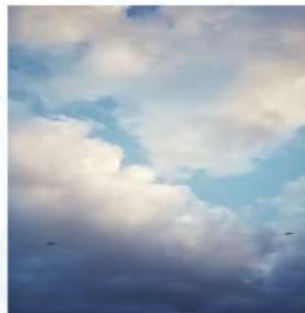


Ameena Anjum
Pharm D 2nd Year

SEASONS PHOTOGRAPHY



Syeda. Zakirunnisa begum
Pharm D 2nd Year



Ameena Anjum
Pharm D 2nd Year



K. Ramya
Pharm D 2nd Year

SINGING – 6th March

Singing competition was organized by Singing club, St.Pauls College of Pharmacy on the eve of International Women's Day 2021 under the guidance of faculty coordinator Ms.B.Jyothi in which T. Anusha of B. Pharmacy I year won First prize and Sowmya of Pharm D IV year won Second prize.

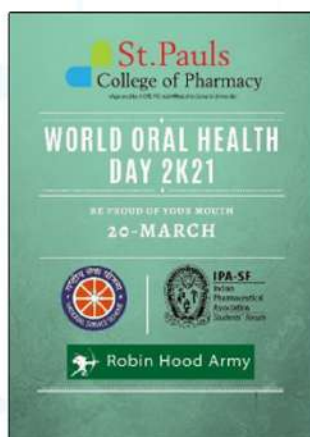
ELOCUTION – 6th March

Elocution competition was conducted on the eve of International Women's Day 2021 with the topic "CHOOSE TO CHALLENGE" under the guidance of in which Sowmya (Pharm D IV year) won the First prize, followed by G. Sainath Chary (Pharm D III year) and M. Vineela (Pharm D I year) won Second and Third prizes respectively.

COMMUNITY OUTREACH

WORLD ORAL HEALTH DAY – 20th March 2021

IPA-SF St.Pauls Chapter in association with NSS cell has given awareness on significance of Oral Health and distributed 50 dental kits sponsored by Robin Hood Army, Dilsukhnagar, Hyderabad. Oral Kits are distributed at Care Warriors orphanage and Residents of Turkayamjal Village, on the eve of World Oral Health Day 2k21.



PUBLICATIONS

S. No	Main author & others	Title of the Research Article	Journal name:	Volume & page numbers	Year of Publication	Indexed In
			ISSN 1number			
1	M.Kiranmai*, Hema	Green Nanotechnology and Nanoparticles - an Ecofriendly Approach	International Journal of Pharmaceutical Sciences and Research	12(11), 2320-5148	2021	Embase, Index Copernicus
2	M.Kiranmai*, K. Venu Madhav, Krithika	Formulation and Evaluation of ketoprofen using beta cyclodextrin capped silver nanoparticles	International Journal of Pharmaceutical Sciences and Nanotechnology	14(2): 5501-5507	2021	UGC, ICI
3	Noorush Shifa Nizami*, Dr. Ajit Singh	COVID-19 and Acute Coronary Syndrome (ACS): Implication of risk assessment, diagnosis and management	International Journal of Scientific Research	10(1): 52-56	2021	NCBI, Google scholar.

CAREER GUIDANCE

TELANGANA ACADEMY FOR SKILL AND KNOWLEDGE (TASK)

St. Pauls College of Pharmacy has organized a one week career guidance programme in association with Telangana Academy for Skill and Knowledge (TASK) by Mahindra Pride School for B Pharmacy Final year students. The entire session was addressed by Mr. Jitendra as a expert trainer where 57 active students participated.

The main objective of this programme was to enhance various skills like communication interview performance, leadership and team management.

Participated students were divided into six teams such as Assam, Karnataka, Pune, West Bengal, Kerala, Tamilnadu. After which several tasks were performed by individual teams as guided by Jitendra sir. Tasks performed in this session were effective communication, nonverbal communication, weakness and strengths discovery, listening and hearing, crossword puzzles, health and Hygiene, body language and posture presentation, Good appearance, positive attitude, team work, leadership etc.,

On the last 2 days group discussion and interview practice was executed. Finally, Karnataka team was announced as winner and the individual best performer award was given to Shaguftha of B. Pharmacy final year.



PLACEMENTS

As a part of regular campus placements, the Scinov group - Hyderabad has conducted campus placements on February 19, 2021. The Programme mainly focused on B.Pharmacy final year and M.Pharmacy students. A total number of 30 students have participated in the drive. 10 students from both the streams are selected by scinov and offer letters were given on the same day. Dr. Sunil & Dr. Venkateshwarlu & Mr. Sareesh were acted as co-ordinators for the drive.

List of the students successfully received the offer letter from Scinov group are:

Ms. N. Harika

Mr. E. Praveen

Mr. K. Koushik

Ms. Lakshmi Sravanthi

Mr. V. Arun Reddy

Ms. M. Ushashree

Ms. Priscilla Nikitha

Ms. M. Anusha

Ms. Y. Dharani



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Twitter: [CollegePauls](https://twitter.com/CollegePauls)

Youtube Channel: www.youtube.com/channel/UCfBYQB9V2gMNOgi3M-fi_hQ

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